## I claim:

 A therapeutic wrap for applying a thermal pad to a body portion, said wrap comprising:

an elongated flexible strip of disposable and reusable material having first and second side surfaces, first and second end portions and a mid portion therebetween;

a sheet of said disposable and reusable material secured to the first side surface of said strip to form a pocket having at least one end opening, said pocket being adapted to receive a prepackaged thermal pad therein through said at least one end opening; and

a plurality of attachment elements adapted to releasably secure said strip first end portion to any other selected surface portion of said strip to conform and secure said strip to a body portion requiring thermal treatment.

- 2. The therapeutic wrap as claimed in claim 1, wherein said elongated flexible strip is pliant in the direction of elongation.
- 3. The therapeutic wrap as claimed in claim 2, wherein said strip comprises woven cloth of polypropylene fibers.
- 4. The therapeutic wrap as claimed in claim 1, wherein said strip material is latex-free.
- 5. The therapeutic wrap as claimed in claim 1, wherein said pocket is positioned proximate said second end portion.

- 6. The therapeutic wrap as claimed in claim 1, wherein said pocket is positioned proximate said mid portion.
- 7. The therapeutic wrap as claimed in claim 1, wherein said pocket is sized and positioned to enable ready access to said at least one end opening thereof to permit replacement of said pad without removing said strip from its applied position about a selected body portion.
- 8. The therapeutic wrap as claimed in claim 1, wherein said attachment elements comprise hook and loop type fasteners adapted to selectively secure said strip about a desired body portion.
- 9. The therapeutic wrap as claimed in claim 8, wherein said attachment elements comprise hook-type fastening strips fixed to and extending from said first end portion and adapted to removably attach to any selected surface portion of said material.
- 10. The therapeutic wrap as claimed in claim 1, wherein said strip is looped and secured to itself to form a sleeve wherein said first end portion overlaps said second end portion, said attachment elements selectively varying the diameter of said sleeve by selective attachment to the second surface of said strip.
- 11. An apparatus for use in applying heat or cold packs to selected portions of the human body, said apparatus comprising:

an elongated strip comprised of flexible woven fibers, said strip being both washable and disposable and having an inner and an outer surface, first and second end portions, and a mid portion intermediate said first and second end portions:

a layer of said flexible woven fibers attached to the inner surface of said strip and sized and shaped to form a pocket along said inner surface, said pocket having one end opening to provide access to the interior of said pocket for selective insertion and removal of a heat or cold pack; and

a plurality of fasteners extending outwardly from the first end portion of said strip and adapted to releasably attach to any selected surface portion of said strip to permit application of said strip to any desired portion of the human body.

- 12. The apparatus as claimed in claim 11, wherein said strip comprises an elongated woven cloth of polypropylene fibers having flexibility in the direction of elongation.
- 13. The apparatus as claimed in claim 12, wherein said strip is latex-free and is selectively both reusable and disposable resulting from the washability and inexpensiveness of said cloth.
- 14. The apparatus as claimed in claim 11, wherein said layer is made from the same material as said elongated strip, and said pocket is positioned proximate said second end portion.

- 15. The apparatus as claimed in claim 11 wherein said layer is made from the same material as said elongated strip, and said pocket is positioned proximate said mid portion.
- 16. The apparatus as claimed in claim 15 wherein said strip is looped around and attached to itself to form a sleeve wherein said first end portion overlaps said second end portion, said fasteners selectively varying the diameter of said sleeve by selective attachment to the outer surface of said strip.
- 17. The apparatus as claimed in claim 11 wherein said pocket is sized and positioned to enable ready access to said end opening to permit replacement of a heat or cold pack without removing said strip from its applied position about a selected human body portion, and wherein said fasteners comprise hook-type strips of hook and loop type fasteners attached to and extending from said first end portion and adapted to removably attach to the outer surface of said strip.
- 18. An elongated combination disposable and reusable thermal compression wrap for applying a thermal pack against a human body portion, said wrap having flexibility in the direction of elongation for assisting in the application and retention thereof against a human body portion, said wrap comprising:

an elongated compression band comprised of flexible woven cloth which is both disposable as well as reusable and is pliant in the direction of

elongation, said band having inner and outer surfaces, first and second end portions, and a mid portion intermediate said first and second end portions;

a pouch disposed on the inner surface of said compression band, said pouch being comprised of said flexible woven cloth and having an end opening adapted to permit access to the interior thereof for selective insertion and retrieval of a thermal pack;

said band having sufficient pliability to compress said pouch against a selected portion of the human body when applied thereto; and

a plurality of fastening elements affixed to and extending outwardly from the first end portion of said band and being adapted to releasably attach to any selected portion of said band outer surface to enable application of said compression band to any desired portion of the human body.

- 19. The wrap as claimed in claim 18 wherein said band comprises a latexfree woven cloth of polypropylene fiber.
- 20. The wrap as claimed in claim 18 wherein said pouch is sized and positioned to enable ready access to said end opening to permit replacement of a thermal pack without removing said band from its applied position about a selected human body portion, and wherein said fasteners comprise hooktype strips of hook and loop type fasteners attached to and extending from said first end portion and adapted to removably attach to any selected portion of the outer surface of said band to enable size adjustment of said band in position about a selected human body portion.

- 21. The wrap as claimed in claim 18 wherein said pouch is positioned proximate said mid portion of said band, and wherein said band is looped around and attached to itself to form a sleeve wherein said first end portion overlaps said second end portion, said fastener elements selectively varying the diameter of said sleeve by selective attachment to the outer surface of said band.
- 22. The wrap as claimed in claim 18 wherein said pouch is positioned proximate said second end portion.